

Advocate

NATIONAL CONSORTIUM FOR PHYSICAL EDUCATION AND
RECREATION FOR INDIVIDUALS WITH DISABILITIES

Summer 2002

NCPERID

Volume 30, Issue 3

From the President

REFLECTION and a call for **ACTION** can best describe the essence of the 2002 NCPERID meeting. The positive energy of those in attendance at this year's meeting was inspiring. As incoming President I am honored to be working with such energetic and insightful professionals. As was made very clear during our summer meeting, the Consortium is at a critical point in its existence. A plan to move forward with the mission of the Consortium "...to promote research, professional preparation, service delivery and advocacy of physical education and recreation for individuals with disabilities" was clearly supported. The vote was unanimous to meet in the summer and next year's meeting dates are set! We will meet **July 13-15, 2003** and we are currently working with the Crystal City Hilton to secure space. I look forward to working with the newly elected Board to plan this meeting.

I want to acknowledge the work of Heidi Stanish during this past year and thank her for her dedication and leadership. As President, Heidi was instrumental in convening the Board on several occasions for conference calls and email discussions. The communication among Board members this past year has been exemplary and I want to thank Kristi Sayers, Rebecca Woodard, Dan Webb, Chris Stopka, Carol Huettig and Carol Ryan for their time and energy.

I have outlined three areas where I will focus my attention during this next year. I will be calling upon the Board and the membership to assist in these efforts. First, as an advocacy organization we must continue to create **AWARENESS** of the critical need for physical education and recreation for individuals with disabilities. At this year's meeting we had the distinct honor of recognizing Smokie Davis for his continued support of our organization over the past several years. With his encouragement, we will pursue work with NASDSE to discuss the possibility of an Action Seminar. A decade has passed since the last Action Seminar and the impact of that effort was

tremendous.

A second area of focus this next year will be **LEGISLATIVE CHALLENGES**. As Beth Foley pointed out in her presentation this summer, our discipline will feel the impact of decisions made this year and the voice of the Consortium is critical. Some of our challenges include PEP funding and how children with disabilities are being impacted by future awards, Title IX guidelines and how the involvement of girls and women with disabilities are addressed in the legislation, and the reauthorization of IDEA. This final challenge will involve many of you. I will be calling upon the membership in different states to assist in this effort as the elections are completed and congressional committee appointments are made. The Consortium recognized Beth Foley for her work with our organization and we presented her with a token of appreciation. Her efforts to keep us informed and her timely information is so important to our organization.

GENERATING EVIDENCE is a final area of focus for me in these next two years. The direction of the Consortium over the next several years should reflect the needs of the profession and in order to support adapted physical education professionals at all levels we must know what support is necessary. I will be working with the Board over this next year to complete a needs-assessment. Practicing CAPES and members involved with professional preparation will be asked to participate. Our advocacy efforts in Washington and at the local level can be enhanced with data based evidence.

I am looking forward to my work with the Consortium over the next two years. Thanks for the opportunity!

Lauriece Zittel

*Dept. of Kinesiology and Physical Education
Northern Illinois University*

**For
Your
Information**

Check out the new look of the NCPERID website at
<http://ncperid.usf.edu/> and a new feature.

The Board of Directors will be posting minutes of meetings to keep everyone abreast of the happenings within the organization.

Presentation Summaries from the 2002 NCPERID Conference

NASDSE (National Association of State Directors of Special Education)

Gary Adamson, Director of Cooperative Professional Development Distance Education Programs at NASDSE, provided information about NASDSE's Assistive and Instructional Technology coursework. This distance education program follows a comprehensive model that any university can offer regardless of staff or space. Each course includes interactive communication with national instructors and other students via the Internet, use of multimedia materials, and assessment components that can all be completed from the comfort of the student's home or office. Twenty different course offerings are currently included within the Research Institute for Assistive and Training Technologies and a variety of certificate programs are available. For further information contact NASDSE at www.NASDSE.org or Gary Adamson at garyadamson1@aol.com.

Summary provided by **Rebecca Woodard**
Ball State University

An Update on the Past, Present, and Future of Advocacy & Legislative Affairs (LA)

Robert Arnhold and David Auxter presented information on the mission of the Consortium as related to advocacy and LA issues, a discussion of the successes of the Consortium as related to advocacy and LA issues, an analysis of the current imperatives of the Consortium as related to advocacy and LA issues, and a discussion of the future focus of the Consortium as related to advocacy and LA issues. They identified the following current trends for NCPERID:

- Health and physical activity of people with disabilities.
- Demonstrate successful model programs at the grass-roots levels.
- Demonstrate increased fitness/health as a result of recreation programs and increased activity participation after school years.

The session concluded with several suggestions presented in a fact and solution format, including:

Fact: Enrollment and participation in the Consortium is down significantly from 10 years ago.

Solution: Address ways to include new members, including grass-roots professionals who are active legislatively in their own district and state.

Fact: While the 70's and 80's were good to the Consortium for the gifted grant writers, current Consortium members are finding federal programs not as readily available.

Solution: Develop workshops and clinics for the development of different forms of grant and foundation writing skills.

Fact: The Consortium has not truly embraced the national concept of healthy lifestyle changes for people (of all ages) with disabilities. This has also turned some of the therapeutic and

exercise/fitness people away.

Solution: Return to the original mission of the Consortium... Personnel Preparation, Service Delivery (lifespan), and Advocacy.

Fact: We do not do a very effective job of demonstrating that our programs are effective (or maybe we do not promote our successes).

Solution: When a grant or gift is secured, document your success, then follow up with another request or help someone else with your data to secure a new grant. If the Rec/Sports Coalition is successful, demonstrate its results.

Fact: The APENS certification applies only to certified physical educators, recreation and exercise/fitness specialists who also have skills with people with disabilities are not included.

Solution: Look into developing a comparable certification for these professionals and that will increase enrollment in the APENS examinations and the Consortium as well (going back to original mission and history statements).

Fact: Of the 18 PEP grants funded in FY 2002, none were found to include any direct emphasis on students with disabilities or to include "all children" within the curricula.

Solution: Develop strategies to prepare 5-10 grants for PEP applications in the next cycle with direct impact on the health and fitness of students with disabilities.

Summary provided by **Kristi Sayers**
University of Alabama-Birmingham

NASDSE

Beth Foley gave NCPERID members an update on current happenings on The Hill. She highlighted three general recommendations of the President's Commission Report on Special Education: (1) focus on results, not process, (2) embrace prevention, not a failure model, and (3) consider students with disabilities general education students first. She noted that although the document does not include specific reference to vouchers, the phrase "parental choice" is used and could be interpreted to mean vouchers. Although it is unlikely that IDEA will be re-authorized this year, Beth noted that major IDEA reconstruction would likely be in the areas of Part D, state improvement grants, and increased funding for personnel preparation grants. She shared three additional resources with members:

- (1) National Academy Science Report, Chapter 3 is on causes of disabilities and the relationship between poverty and disabilities,
- (2) The President's Council for Physical Fitness and Sport, and
- (3) The Commission on Opportunity in Athletics, a project under Title IX.

Summary provided by **Kristi Sayers**
University of Alabama-Birmingham

BOARD OF DIRECTORS

New Faces on the Board of Directors

STEVE HANNIGAN-DOWNS

Steve has been an assistant professor in the Movement Studies and Disability program at Oregon State University and Co-Director of the OSU Special Motor Clinic for Children with Disabilities. In addition to his responsibilities at OSU, he is the Chair of the Adapted Physical Activity Council; Editor of the International Federation of Adapted Physical Activity Newsletter; and Chair of the Scientific Committee for the North American Federation of Adapted Physical Activity 2002 Symposium to be held at OSU September 26th – 28th, 2002. Steve has just moved to California to assume a position at California State University Chico.

MEL HORTON

Mel is an assistant professor in the Health and Physical Education Department at Winthrop University. She teaches courses in adapted physical education, technology, secondary methods, and research and design. She is beginning her third year at Winthrop. She received her Ed.D. in Adapted Physical Education from the University of Virginia where she was fortunate to study with Drs. Luke Kelly and Martin Block.

MONICA LEPORE

Monica is a professor at West Chester University in the Department of Kinesiology. With the help of her Kinesiology and Special Education Majors she conducts Adapted Physical Activity Programs for over 140 people with disabilities each week. Monica is a graduate of the University of Wisconsin - LaCrosse and New York University where she majored in Adapted Physical Education. She lives in Wilmington, Delaware with her daughter Maria. She is the assistant director of Camp Abilities, the AAALF Adapted Aquatics Chairperson, and she also directs the AAALF Aquatic Council credential in Adapted Aquatics.

CINDY PILETIC

Cindy is in her second year as assistant professor at Western Illinois University. Her primary teaching areas are in adapted physical activity and pedagogy. She also supervises two graduate assistants in adapted physical education who are providing direct services to students with disabilities in the West Central Illinois Special Education Cooperative. Cindy's research interests are in the areas of grading and assessment of students with and without disabilities and transition. Prior to moving to WIU Cindy spent two years at the University of Wisconsin – Platteville. She received her Ph.D. from Texas Woman's University and both her master's and undergraduate degrees from WIU.

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Special Olympics, USA

Ron Vederman, Director of School and Youth Outreach for Special Olympics introduced members of the Consortium to *Special Olympics Get Into It*, a new K-12 service-learning curriculum developed by Special Olympics which is now ready for distribution (may not yet be available in all areas). It is available at no cost to schools and teachers worldwide and teaches students with and without disabilities about mental retardation while empowering them to "be the difference," by learning about values of inclusion, tolerance and respect. The overall goal of *SO Get Into It* is to increase participation of youth without mental retardation by establishing school-based Special Olympics Programs and activities.

Curriculum kits have been developed for Elementary, Middle, and High School and a higher education kit is currently being developed. Each kit includes the following types of materials:

- Lesson plans on disability awareness, inspirational athletes, setting and achieving goals, and service-learning activities for school and community
- Videotapes about the message of Special Olympics and inspirational stories
- Activity cards for action-oriented involvement with Special Olympics
- Fact sheets on Special Olympics, mental retardation, Unified Sports, Partners Clubs, and other related topics
- Web-related resources and links relevant to the lesson plans
- Special Olympics athlete bios and stories with photographs
- Local Special Olympics Program contact information

SO Get Into It has been endorsed by many organizations including AAHPERD, NASPE, CEC, Association for Supervision and Curriculum Development, National Associations of both the Elementary and Secondary School Principals, and the American School Counselor Association.

For more information on the *SO Get Into It* curriculum, contact Ron Vederman, Ed.D., Director of School and Youth Outreach (202)-824-0275, email rvederman@specialolympics.org or write to him at Special Olympics, 1325 G Street, NW, Suite 500, Washington, DC 20005 USA or visit the website at www.specialolympics.org/getintoit.

Summary provided by **Deborah Buswell**
Southwest Texas State University

Awards Luncheon

Lou Danielson, Director of the Research to Practice Division in the Office of Special Education Programs. Lou discussed the recommendations from the President's Commission on Special Education. Aspects of the report of particular interest to NCPERID members included the research agenda outlined in the report and the recommendations for research and dissemination of information. Lou reported that he is uncertain as to what changes will be implemented and the logistics of those changes. In reference to funded projects, Lou suggested

that more submissions increase the quality of the review panel and the quantity of funded projects. He expects to see funded folks become new members of the standing review panel.

Summary provided by **Kristi Sayers**
University of Alabama-Birmingham

Note: Abstracts of Free Communication sessions and Poster Presentations will be included in the next issue of the Advocate.

By-Laws Revision

During the NCPERID Summer Conference a proposal was submitted to the Board of Directors by the Editor of the Advocate, Deborah Buswell, to change the Advocate from a quarterly publication to a tri-annual publication. This proposal was discussed by NCPERID members in attendance at the Business meeting. As the publication schedule of the Advocate is stipulated in the By-Laws (Article VIII), proposed alterations to the By-Laws must be made public to members of NCPERID and two-thirds of the active members of the Consortium must agree to the alteration (Article IX). Article VIII would be changed as follows:

The editor of the *Advocate* will be appointed by the president and serve a three year term of office. The president will appoint the editor in consultation with the president-elect during the president's third year of office. The editor may elect to appoint assistant editors as appropriate. The *Advocate* will serve as the Consortium's official newsletter and will be published ~~quarterly~~ tri-annually. The newsletter will be available in print and in electronic format. The editor will provide a written report to the Board at its annual summer meeting.

In accordance with the By-Laws all members have 30 days to review and comment on the proposed change. Please send all comments regarding this proposed change no later than October 20, 2002 to Laurie Zittel, President of NCPERID, via postal mail, fax, or email. After the deadline the By-Laws Committee will mail or email ballots to vote on the proposed change.

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NCPERID

2003 John K. Williams, Jr. International Adapted Aquatics Award Honoring An Individual Serving Persons with Disabilities

Nominations can now be submitted for the 2003 John K. Williams, Jr. International Adapted Aquatics Award to honor an individual who has made significant and substantial contributions to the field of adapted aquatics/aquatics for individuals with disabilities as participant, athlete, teacher/instructor, coach, official, organizer, administrator, or media representative. This award, established and administered by the Adapted Aquatics Committee of the International Swimming Hall of Fame (ISHOF, Fort Lauderdale, Florida), will be presented some time during mid-to-late 2003.

Male and female nominees from throughout the world must be at least 18 years of age by January 1, 2003, be outstanding and excel in meeting criteria for this international award, shall have made significant contributions in and to ADAPTED AQUATICS, be of good moral character and high integrity, and must exemplify the ideals of highest quality adapted aquatics activities and programs.

Submit (a) letter of nomination of no more than two pages, (b) a second letter of support of no more than two pages, (c) a statement of nomination of no more than three double spaced pages that does not merely duplicate content of the two letters. Include a good quality black and white head-and-shoulders photograph (5" X 7" preferred) as part of the nomination packet. Nominees must sign the nomination statement person-

Previous winners have been:

- 1994 – John Williams (San Diego, California)
- 1995 – Grace Reynolds (Longview, Washington)
- 1996 – Louise Priest (Indianapolis, Indiana)
- 1997 – Ruth Sova (Port Washington, Wisconsin)
- 1998 – Mary Essert (El Cerrito, California)
- 1999 – Julian Stein (Oliver Springs, Tennessee)
- 2000 – Uri Bergman (Israel)
- 2001 – Monica Lepore (Wilmington, Delaware)
- 2002 – Anne Green (Australia)

ally attesting that all facts contained in the nomination packet are true, and giving permission for publication of these facts. Nomination packets are to be sent to Julian U. Stein (283 Mahoney Road, Oliver Springs, Tennessee 37840-1826 [USA]. All nomination packets must be RECEIVED no later than February 1, 2003.

Additional information can be obtained from Julian U. Stein at the listed address, by telephone or FAX (865) 435-7249 between 9:00 a.m. and 9:00 p.m. Eastern Standard Time, or by email (jstein@webtv.net).

Julian U. Stein

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Next issue – Fall 2002

Submission Deadline – November 30, 2002

<http://ncperid.usf.edu>



NCPERID

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and Recreation for Individuals with Disabilities