

ADVOCATE

National Consortium for Physical Education and Recreation for Individuals with Disabilities

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Advocacy in Adapted Physical Activity and Recreation

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A Message to New and Young Professionals!

President's Message

The Future's Wide Open!
You can become an active member of the Adapted Physical Activity or Therapeutic Recreation Profession and emerge as leaders someday soon. Trust me, The Sky's the Limit! Look at me. After graduating from high school (barely), I attended a community college for one and one-half years in electronic engineering. Needless to say, I quit college in December and went to work cutting decorative stone with a hammer and chisel for two years then realized I needed to go back to college and get serious. My senior year in the health and physical education program I took the one obligatory adapted physical education course with the required practical component we've all participated in. Well, that sold me. I never wanted to teach in a "regular" classroom, I'd rather teach 6-12 children with disabilities who can really benefit from our instruction and who wanted to be in the gymnasium.

After graduation, no teaching jobs were present so I worked at a community center and began programs of aquat-

ics and gymnastics for pre-schoolers with disabilities. I wrote my first grant with help and we expanded the program. Then a parent told me about an APE position at a nearby residential facility. I taught for two years then went to graduate school for my master's degree in APE. That opened the doors to several grant coordinator positions providing in-service instruction for school teachers with students with disabilities. I was starting to think that a Ph.D. was a possibility. The Future's Wide Open! I earned the Ph.D. from Texas Woman's University.

During this time I was introduced to AAHPERD's APAC organization and the National Consortium for Physical Education and Recreation for Individuals with Disabilities. I began attending the NCPERID conference and for the first several years I was an outsider, not a big grant recipient with lots of money to pay students to attend my university. However, I kept attending the annual summer conference and eventually got to know some of the big hitters in our profession. The Sky's the Limit!

I actually got a job at a

medium-sized university where we began an undergraduate minor in Adapted Physical Activity. Two years ago a colleague submitted my name to run for President of the NCPERID, Anything is Possible!

I hope you will someday be writing a Letter from the President of the National Consortium for Physical Education and Recreation for Individuals with Disabilities! Anything is Possible!

This summer's NCPERID Annual Conference will be held at AAHPERD's National Headquarters in Reston, VA from July 9-11, 2006. Please consider attending the conference, it will be a great opportunity to network with many leaders of the field and become an advocate, professional, and leader.

Check out the Consortium web page and take a look at the summer conference agenda at: <http://www.uwlax.edu/sah/ncperid/>. I am looking forward to a new generation of NCPERID leaders. Hope to see you this summer.

Sincerely,

Bob Arnhald,
President

The end of the rainbow is the day when a person's disability will no longer matter!!!

Indiana New Beginning Teacher Standards in Physical Education

Dr. Ronald Davis, Ball State University

In January 2006 the Indiana Professional Standards Board, a division within the Department of Education, conducted the first review of beginning teacher standards for physical education and health. These standards had been in place for seven years prior to this review. The state of Indiana utilizes performance based licensing which is predicated on these standards. Prior to this review physical education and health education shared licensure titles i.e. Physical Education: PE/Health. The area of Adapted Physical Education had a separate licensure and was considered by most institutions of higher education to be an add-on licensure area. This review changed the licensing pattern and made history for Indiana.

Fifteen professionals from around Indiana applied for and were accepted to be members of the review committee. These professionals represented the content areas of physical education, health, athletic training, and administration from public school through university settings. The charge was to consider either maintaining the licensure pattern currently in place i.e., combined physical education and health with separate adapted physical education, or present a new licensure model. A new licensure model prevailed.

Sub-committees were organized to produce a combined license in physical education and adapted, and a separate

health license. The remainder of this article will only reflect the activities related to the physical education/adapted physical education sub-committee.

The physical education/adapted sub-committee worked to combine the NASPE Beginning Physical Education Teacher standards with those from the Adapted Physical Education National Standards or APENS (www.cortland.edu/apens). Cross-matrix charts and tables were used as working documents to help each member align the two sets of standards. Work on this project started in August 2005 and concluded January 2006. Several working drafts were reviewed, edited, and critiqued throughout the process before a final version was ready for posting. Policy dictated that the proposed new standards be posted for public review for 30 days. All posting occurred on the Indiana Department of Education's web site, with comments sent directly to the Coordinator of the Review Committee. Once the comments period was completed, the committee worked to condense and implement suggested changes. Much of the edits had to do with language related to individuals with disabilities as each of the ten new standards utilized people first language. The final version of the new

standards was presented to the Department of Education for acceptance, which was granted on January 18, 2006. As a result, beginning in 2008 the new teacher licensing for physical education will read: Physical Education/Adapted Physical Education. For the first time in Indiana history all students licensing in Physical Education will also be licensed in Adapted Physical Education. The new licensing will take effect in 2008, which means institutions of higher education must begin to address such training in their undergraduate teacher preparation curriculums. Because many smaller programs might have difficulty delivering coursework in adapted physical education other forms of delivery need to be investigated i.e., video conferencing, on-line, or blended delivery which could be a combination of traditional and on-line. Whatever is decided this is an exciting new development for the preparation of young professionals,

one that could serve as a model for other states to consider.

The Indiana teaching standards for physical education are posted on the NCPERID web site

(<http://>

www.uwlax.edu/sah/ncperid/), please take a moment to read.



*History made in
Indiana*

**Remember to register for the Summer Conference—July 9th—11th
(www.uwlax.edu/sah/ncperid/)**

APENS Update

Announcing the new web site:

<http://www.cortland.edu/APENS>

The new site has a complete listing of the APENS standards with a brief description of each, along with information on how to secure a study guide and manuscript on "How to make CAPE work for you"! Finally, feedback is great so feel free to email the APENS staff at APENS@cortland.edu.

CAPE UPDATE: If you are a current CAPE and a member of the NCPERID, APENS is looking for **STATE COORDINATORS!** If you are interested, your role will be to share our vision by helping to put "A CAPE IN EVERY DISTRICT IN THE COUNTRY"! There are over 14,000 public school districts that serve the approximate 5.2 million children

with disabilities in the United States. APENS is concerned that for so many of those children, qualified Adapted Physical Educators are not available or possible for the district to hire. Therefore, general Physical Educators are often left to manage with little or no experience or training. In addition, the majority of states do not offer a certification in Adapted Physical Education or require certification to teach Adapted Physical Education. The 15 Standards detailing the comprehensive knowledge Adapted Physical Educators need to know is available for Adapted Physical Education and general Physical Education teachers

**Adapted Physical Education
National Standards (APENS)**

to review, study, and ultimately demonstrate by sitting for the APENS exam. If a district is unable to hire or find a qualified Adapted Physical Educator, they should at least provide the opportunity for an existing general Physical Educator to learn the 15 Standards and demonstrate that knowledge by taking the APENS exam.

Join the movement be a part of a **national unified voice** for all Adapted Physical Educators by tak-

ing the APENS National Certification Exam.

**National Exam Date:
Nation Wide - June 4th, Saturday
9:00 AM.**

Competing Alongside Able-bodied High School Track Athletes

April 22, 2006 in Columbia Maryland was a day to remember. Tatyana McFadden raced alongside able-bodied runners while she raced in her wheelchair at a high school track meet.

Ms. McFadden, a sophomore at Atholton High School in Howard County was born with spina bifida and paralyzed from the waist down has been racing alone at the high school track meets previously. But this April she was racing alongside, though not against her able-bodied peers. McFadden was scored separately and finished the 1600 meter



race in 4 minutes and 37.12 seconds.

The raced marked a milestone for the school system. It was the first time a wheelchair athlete would be in the same race as able-bodied peers. A preliminary injunction was issued that cleared the way for McFadden to participate. The injunction ordered that she compete in a separate wheelchair event that would take place alongside able-bodied athletes. Both McFadden and the able-bodied winner of the race would earn

points for the team.

To read more about this check out the following websites:

- www.abcnews.go.com/GMA/ESPNsports/story?id=1877127&page=1&CMP=OTCRSSFeeds0312
- www.usatoday.com/sports/preps/track/2006-04-19-wheelchair-racer_x.htm
- www.siouxcityjournal.com/articles/2006/04/18/news/lat-est_news/008607ca9406e9738625715400587d61.txt
- http://wjz.com/sports/local_story_109142648.html

Executive Board Elections

NCPERID has sought nominations for three different positions on the executive board (Vice-President and two Member at Large positions). Each position has a two year term. As NCPERID is seeking to have qualified individuals on the executive board a search was made through seeking nominations for members using an email format. Additionally, the current members of the board were asked to recruit potential professionals for these positions on the executive board. The search brought out professionals from all over the United States.

At this time the nominations for each position are:

Vice-President:

- Cindy K. Piletic (Western Illinois University)

Member at Large:

- Scott Pedersen (New Mexico State University);
- Garth Babcock (Eastern Washington University);
- April Tripp (Towson State University, MD).

An email including a ballot for the voting will be sent out to members in good standing and lifetime members of the NCPERID. Members will

be asked to vote for these executive board positions by June 10th. The elected individuals will be notified by July 1st.

Please look for the ballots in your email's inbox and cast your vote.



Online Course for APENS Preparation Offered Through New Mexico State University

Education is continually changing and in effort to prepare teachers and future teachers to provide adapted physical education services to students with disabilities different universities are keeping up with Technology. One alternative methods is that of offering students training through online courses.

Dr. Scott Pedersen (New Mexico State University) is offering a graduate level course for students

***It can be done
Online!!!***

interested in preparing for the Adapted Physical Education National Standards examination (APENS). The course topics will include: Laws and Ethics, Teaching in APE, Assessment in APE, Job responsibilities in APE, and links with Science and APE. The course is offered in the month of June.

Students taking the course will hopefully be better prepared to take the APENS exam. Successful

completion of the exam will result in being a Nationally Certified Adapted Physical Educator (CAPE).

The course is endorsed by NCPERID. Questions should be directed to: Dr. Scott Pedersen at Peder-sen@nmsu.edu or (505) 646-2071.

<http://education.nmsu.edu/perd/pe/nmsuape/pep558.html>

Remember to register for the Summer Conference—July 9th—11th

Summer 2006 NCPERID Annual Conference

July 9–11th

The Summer 2006 National Consortium for Physical Education and Recreation for Individuals with Disabilities (NCPERID) Annual Conference is fast approaching. Much time and effort have been spent planning a very meaningful and timely professional development experience for members and others interested in physical activity for persons with disabilities.

The theme of this year's Annual Conference is "Making an Impact on the Health and Wellness of Persons with Disabilities through Personnel Preparation, Research, and Advocacy." We have a very exciting slate of sessions planned. Included among the present-

ers are **Dr. Margaret Giannini**, Director of the Office on Disability - U.S. Department of Health and Human Services; **Dr. John Crews**, Centers for Disease Control and Prevention; **Betty Baker**, U.S. Department of Education - Office of Special Education and Rehabilitation Services; **Dr. Jayne Greenberg**, Special Services Director with Miami Dade County Schools, and **Linda Webbert**, Adapted Physical Education Director with the Baltimore County Schools.

Please mark your calendars for July 9-11, 2006 to attend the NCPERID Annual Conference. All sessions will take place at AAHPERD headquarters in

Reston, VA. Information about the conference can be found at www.uwlax.edu/sah/ncperid.

Join us!



Mark your Calendars to Attend

NCPERID Board Members (2005–2006)

PRESIDENT: Dr. Robert Arnhold

VICE PRESIDENT: Dr. Christine Stopka

PRESIDENT ELECT: Dr. Garth Tymeson

SECRETARY: Carita Saunders

TREASURER: Dr. Jaibei Zhang

APENS CHAIR: Dr. Tim Davis

MEMBERS AT LARGE: Dr. Ron Davis, Dr. Linda Hilgenbrinck, Dr. Jan Seaman, and Dr. Cindy Piletic

Keep up the good work!!

ADVOCATE

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